

## Omo Neurexa<sup>plus</sup>

- DE Anleitung für Patienten zum einhändigen An- und Ausziehen
- EN Patient instructions for donning and doffing with one hand



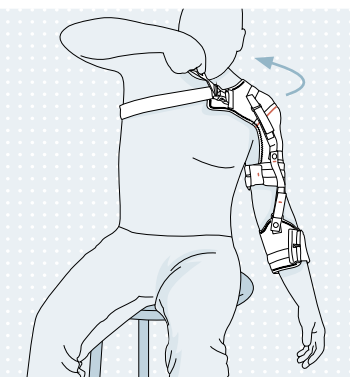
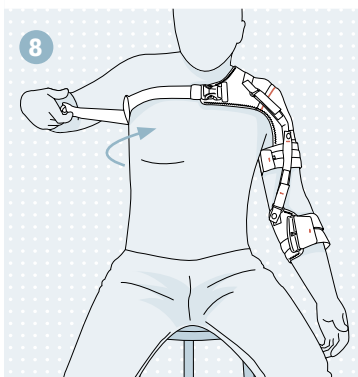
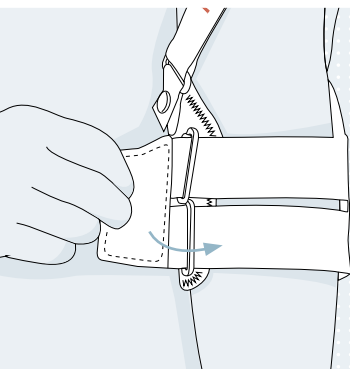
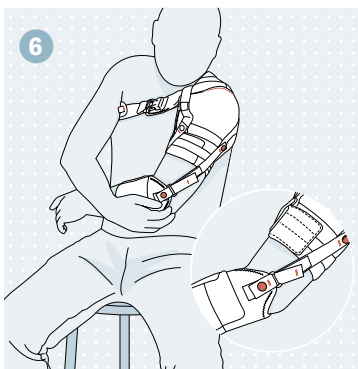
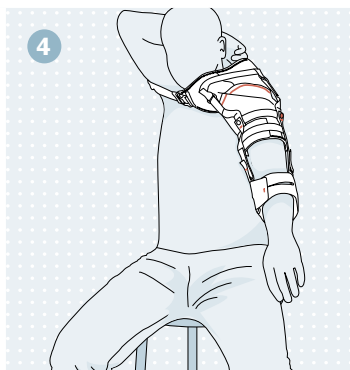
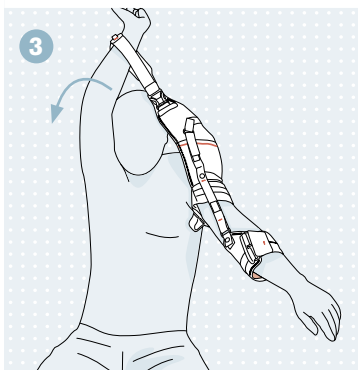
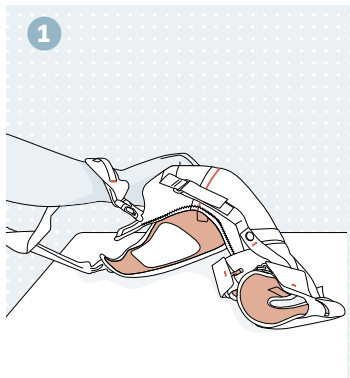


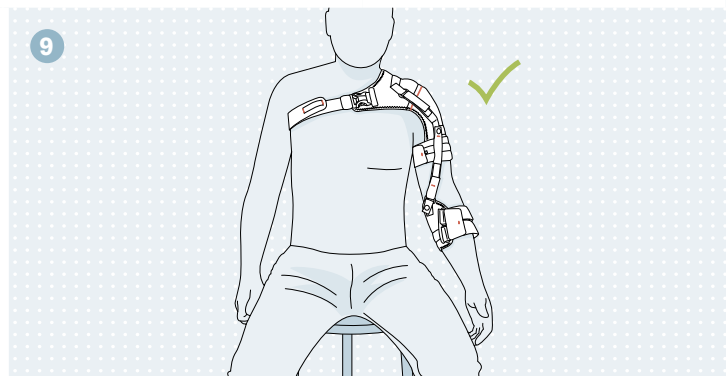
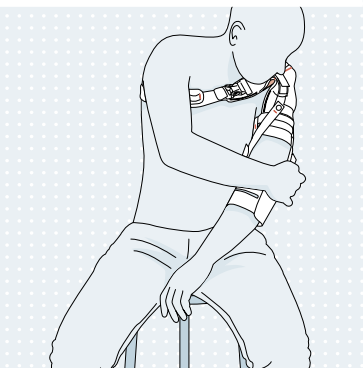
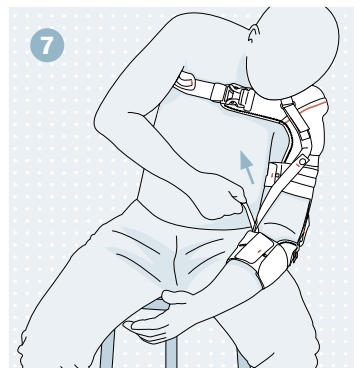
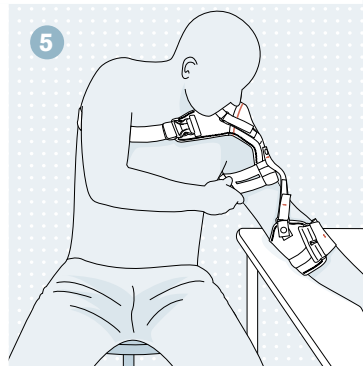
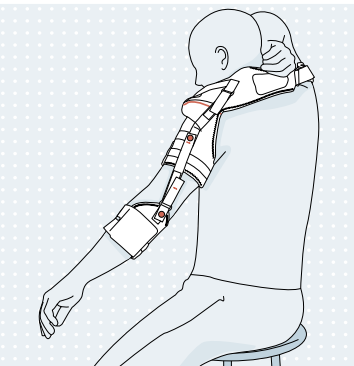
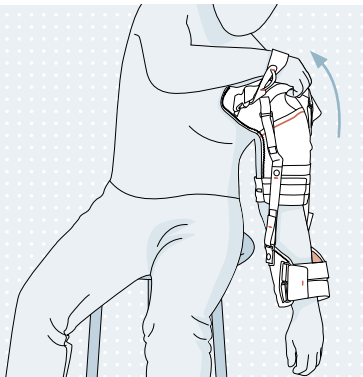
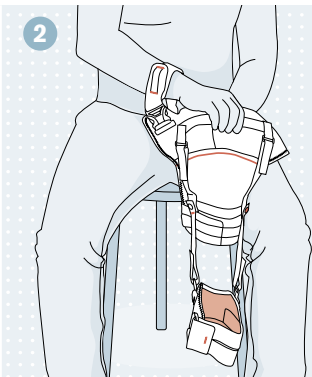
# Patient instructions for donning and doffing with one hand

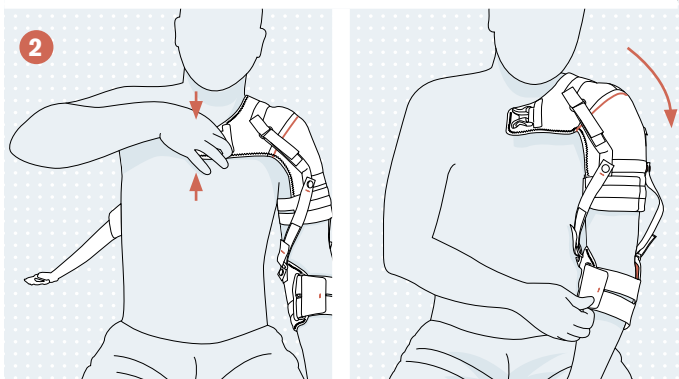
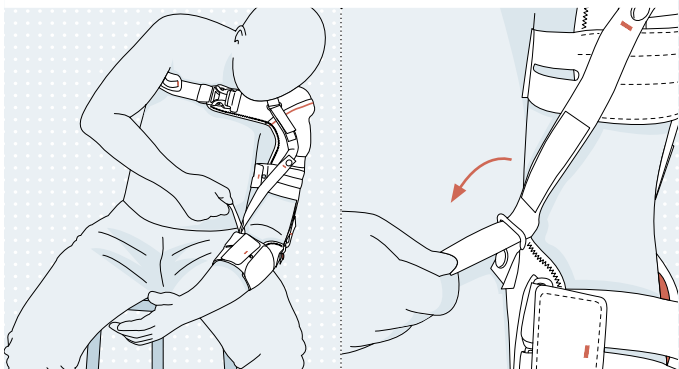
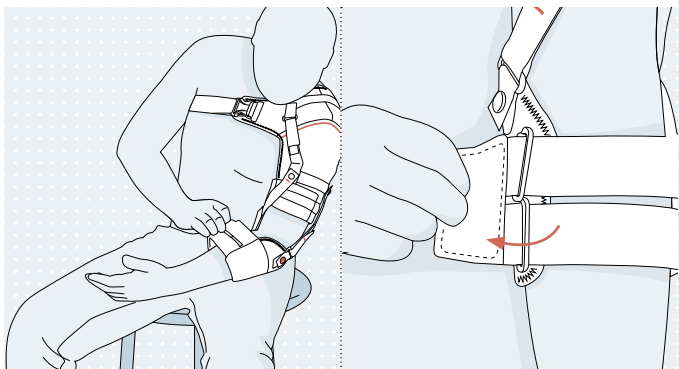
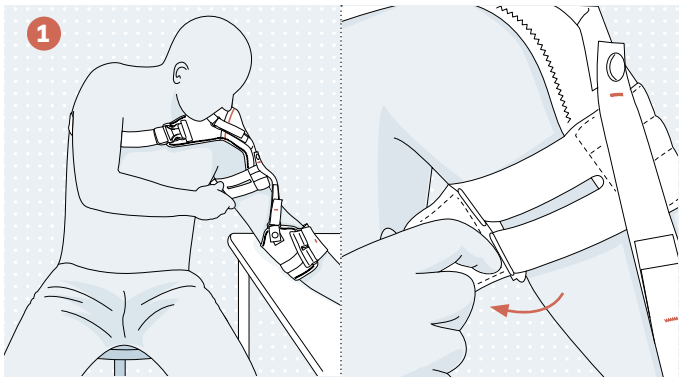
Before you use these instructions, your O&P professional or therapist has already instructed you regarding the use of the orthosis and configured all settings. Please follow the individual steps for donning and doffing as described.

- 1** Grasp the shoulder strap with your sound hand and hold the orthosis by the edge of the shoulder cap.
- 2** Guide the paralysed arm through the orthosis up to the shoulder.
- 3** Guide the sound hand through the shoulder strap as though putting on a sweater.
- 4** Make sure the shoulder strap does not twist as you pull it on.
- 5** Fasten the closure on the shoulder cuff. Make sure it fits firmly but is not too tight.
- 6** Position the elbow opening of the lower arm cuff on the elbow. Then fasten the hook-and-loop closure.
- 7** Tighten the straps between the forearm and upper arm cuffs, and secure them with hook-and-loop fastener.
- 8** Tighten the shoulder strap last. This is done either from the back to the front or the front to the back, depending on how the strap was set up for you by your O&P professional.
- 9** Verify the correct fit of the Omo Neurexa plus.

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- 1** To take off the Omo Neurexa plus, open all closures to the maximum. This also makes the orthosis ready to put on again with minimal effort.
  - 2** Open the plastic closure on the chest last and pull the orthosis down.







Otto Bock HealthCare GmbH  
Max-Näder-Straße 15 · 37115 Duderstadt/Germany  
T +49 5527 848-1706 · F +49 5527 72330  
export@ottobock.de · www.ottobock.com