





#### ENGLISH

## BEFORE USING THE DEVICE, PLEASE READ THE FOLLOWING INSTRUCTIONS COMPLETELY AND CAREFULLY. CORRECT APPLICATION IS VITAL TO THE PROPER FUNCTIONING OF THE DEVICE.

# INTENDED USE/INDICATIONS:

The Air-Stirrup Universe Ankle Brace and the Air-Stirrup Light Ankle Brace are suitable for ankle sprains and chronic ankle instabilities.

# CONTRAINDICATIONS: N/A

### WARNINGS AND PRECAUTIONS:

If you have any of the following signs, contact your healthcare professional immediately:

- Numbness or tingling in your foot.
- Cold, pale toes.
- Inability to put weight on your injured foot 4 days after injury.
- Excessive pain that does not lessen with rest.
- Increase in swelling along with a decrease in mobility.

# **APPLICATION INFORMATION:**

### 1. Adjust heelpad width

- Open brace and lift bottom of liner until heel straps are fully exposed.
- Peel up heel straps and adjust heelpad width for a snug fit (Fig. 1).
- · Firmly press heel straps and liner back in place.
- 2. Apply brace
- · Put on absorbent sock or ankle wrap.
- Align brace sides with ankle (Fig. 2).
- 3. Secure straps
- · Secure straps from bottom to top.
- Put on lace shoe or sneaker.
- 4. Adjust brace
- Squeeze brace sides together with one hand.
- Tighten straps from bottom to top with other hand (Fig. 3).
- Tighten for comfortable support.

### ANKLE BRACE FIT ADJUSTMENT

If you experience pinching or uneven pressure, reposition brace or readjust heelpad and straps. At high altitudes and when flying the brace aircells may expand. Readjust the brace straps to a comfortable pressure.

# CAUTION:

Always wear an absorbent sock or ankle wrap when using an Air-Stirrup Ankle Brace.

#### CLEANING INSTRUCTIONS:

Air-Stirrup Universe Ankle Brace: the entire brace can be wiped with luke warm water, mild soap, and air dried.

Air-Stirrup Light Ankle Brace: the shells can be wiped with mild soap and air dried — avoid getting liquid on the brace liner.

**WARRANTY:** DJO, LLC will repair or replace all or part of the unit and its accessories for material or workmanship defects for a period of six months from the date of sale.

### FOR SINGLE PATIENT USE ONLY. LATEX FREE

NOTICE: WHILE EVERY EFFORT HAS BEEN MADE IN STATE-OF-THE-ART TECHNIQUES TO OBTAIN THE MAXIMUM COMPATIBILITY OF FUNCTION, STERNGTH, DURABILITY AND COMPORT, THIS DEVICE ISONLY ONE ELEMENT IN THE OVERALL TREATMENT PROGRAM ADMINISTERED BY A MEDICAL PROFESSIONAL. THERE IS NO GUARANTEE THAT INJURY WILL BE PREVENTED THROUGH THE USE OF THIS PRODUCT.