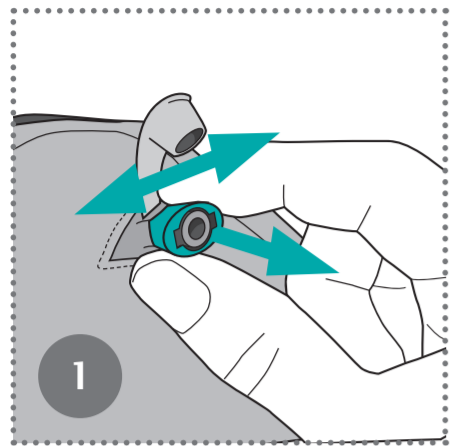




## How to Use

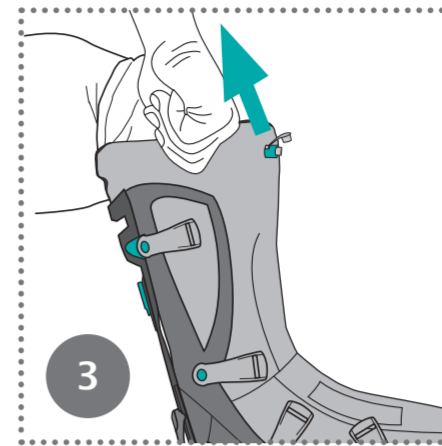


Pull the valve ring upwards. Move it to the side until the vacuum cushion becomes soft.



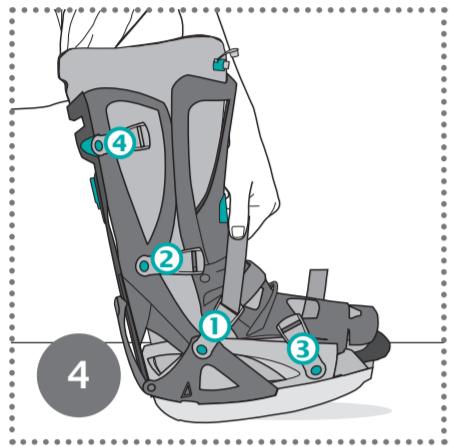
Stroke the fabric liner smooth to distribute the small spheres evenly.

Place the foot in the fabric liner and close the velcro straps.



Pull the fabric liner upwards.

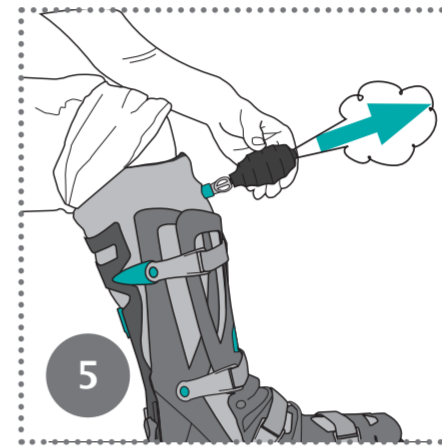
Position the foot at the very back of the lower shell.



### Fit the upper shell

Correct position of the upper shell:  
In the area of straps 3: inside the lower shell.  
In the area of straps 4: outside of the lower shell.  
Close straps in the order 1-2-3-4.

**Warning:**  
The valve must not be kinked or covered by the upper shell.



### Adjust vacuum cushion

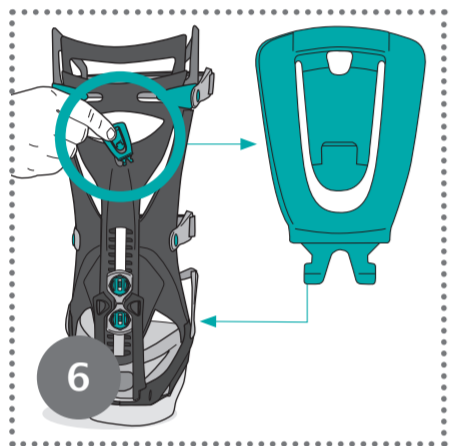
Push the valve ring downwards.

Attach the suction pump.

Squeeze the suction pump until it no longer inflates.

Close the valve cap.

## Change Angle Adjustment



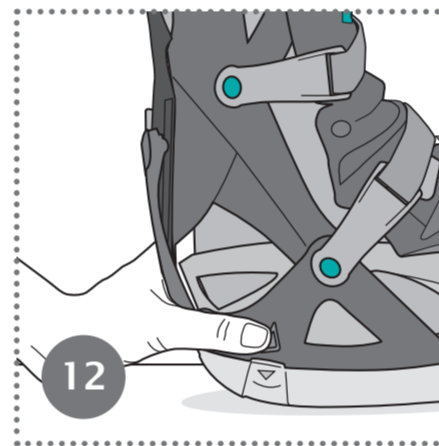
Remove key from the holder and insert it into the screw. (Fig. 6)

Turn key right/horizontally to open the screw. (Fig. 7)

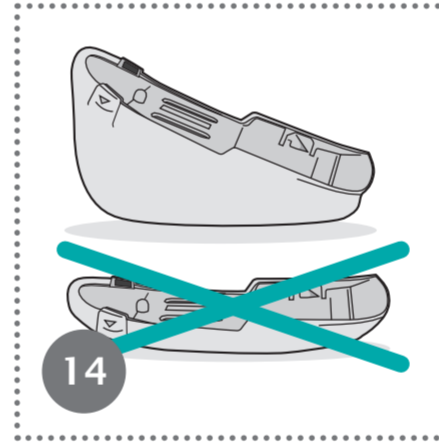
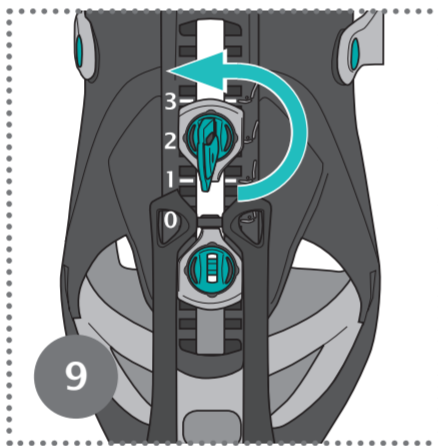
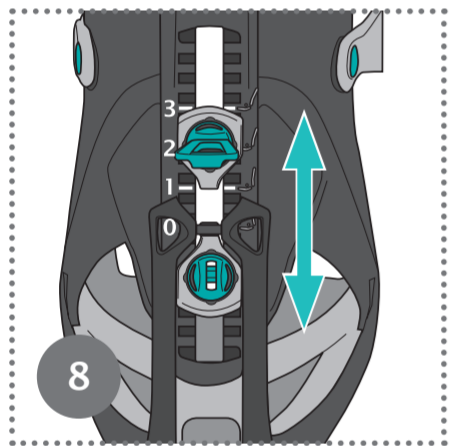
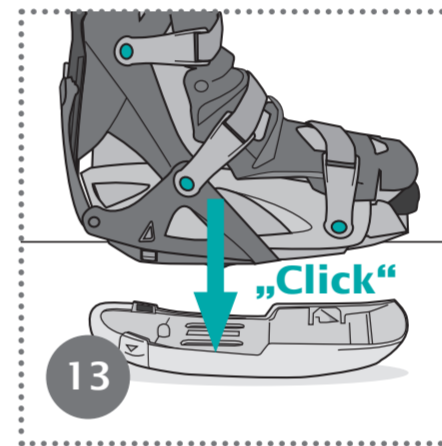
Raise screw and shift into the desired position. (Fig. 8)

Turn key left/vertically to fix the screw in place. (Fig. 9)

Repeat the process with the other screw, until the desired angle adjustment or range of movement is reached.

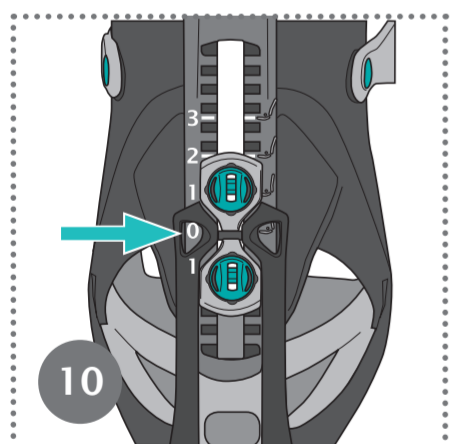


Push both unlocking buttons simultaneously and remove sole. (Fig. 12+13)



**Note:**  
Treating Achilles tendon injuries in the equinus position: With an angle setting between +15° and +30°, please use the wedge sole. (Fig. 14)

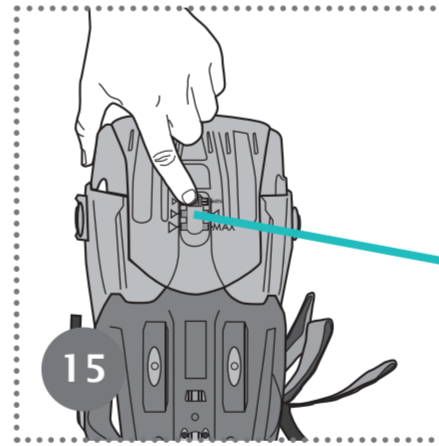
## Release Movement



Delivery condition:  
Fixed in neutral-zero position ("0" = 0°)

**Note:**  
Setting in 5° increments from -15° to +30° possible.

Angle adjustment scale: "1" corresponds to 10°.

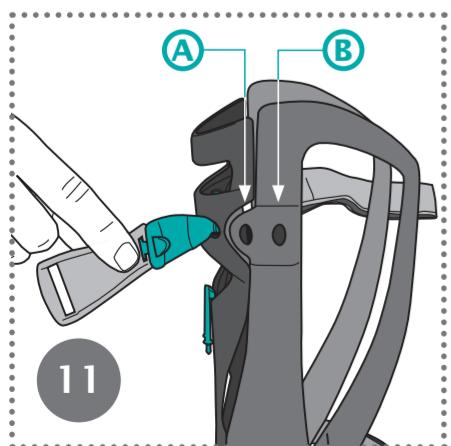


Push the unlocking button. (Fig. 15)

Pull toe section to the desired length.

Insert sole again.

## Adjust Calf Circumference



Push the buckle out of the lower shell and into the desired position.

**A. Large calf circumference**  
**B. Small calf circumference**

Repeat on the other side.

## Guideline Value for Shoe Sizes

Size	Small	Medium	Large
EUR	35 - 40	40 - 45	45 - 50
UK	2 ½ - 6 ½	6 ½ - 10 ½	10 ½ - 14
US (M)	3 ½ - 7 ½	7 ½ - 11 ½	11 ½ - 15
US (W)	4 ½ - 8 ½	8 ½ - 12 ½	12 ½ - 16

**Recommendation:** At the size interfaces between the Small/Medium and Medium/Large versions, supply the smaller VACOped size if possible.