

# T I M E R

## Instructions

TabTime Timer will alarm up to 8 times per day at the exact times you require and remembers your alarm times every day. TabTime Timer also has a Countdown function if you want to set regular alarms i.e. every ½ - 1½ - 2¼ - 3¾ hours etc. There are 3 control buttons HOUR – MODE - MINUTE.

The MODE button controls all functions, the HOUR and MINUTE buttons are only used to set the time and to cancel the alarm.

TabTime Timer has a 12 or 24 hour clock and all settings start in the a.m. A large P on the LH of the screen indicates the p.m. Choose the 12 or 24 clock by pressing the H or M button. (Note: the Countdown function cannot be used in conjunction with the 8 variable alarms).

### To set to the time

Press the MODE button until the --:-- display appears, Press and hold MODE until the display flashes then set the TIME using the HOUR and MINUTE buttons. Confirm the TIME by pressing MODE. The TIME is now set.

### To set up to 8 alarms

After setting the time, press MODE to go to ALARM 1 and a small number 1 with a bell appears at the top of the screen. Press and hold the MODE button until the --:-- display flashes. SET the time you require the first alarm using HOUR and MINUTE. Press MODE button to confirm alarm 1 is set.

Repeat this process to set up to 8 alarms. At alarm time, the audio alarm will beep for approx' 30 seconds. Press any button to stop the alarm.

### To set the countdown timer

Press the MODE button 9 times. You will now see an egg timer symbol on the top left of the screen and the display shows 0:00. Press MODE until the symbol 0:00 flashes then set the time you require between doses e.g. 1 hour or 2 hours or 4 hours etc. Press and hold the MINUTE button for 2 seconds to start the Countdown. You will see the hourglass figure flashing to confirm Countdown has begun.

Press the MODE button to return to TIME and the beeper will alarm at the interval you chose. After the first alarm Press the MINUTE button again for 2 seconds to begin the next Countdown sequence.

### Cancelling an alarm

To delete any alarm; go to the alarm you wish to delete using the MODE button then press the MINUTE button to delete that alarm. To change all settings take out the battery for a few minutes.

### Troubleshooting

If your TabTime Timer starts to act strangely, the figures fade or the Alarm rings randomly, it is time to change the battery. This can be bought at most supermarkets or jewellers.

### Disclaimer

This product must be regarded as purely an aid to memory and Tabtime Ltd or their agents cannot be held responsible if you forget to take your medication, take the wrong medication, take the wrong medication at the wrong time or any combination of these events.