

1. Intended Use: The UD Lace-Up Ankle Support was specially designed for athletes. The resilient ankle support offers high wearing support and provides more stability during sports activities such as handball, basketball, volleyball and football. The lace-up, anatomically shaped construction ensures additional support during sports. The optimised fit ensures a comfortable feel and provides support during extreme sporting activities.

The ankle support is designed for women & men (unisex) and can be worn left & right.

2. Caution: The product is intended for use on an athlete only. If the ankle support is applied too tightly to the body, it may cause local pressure and, in some cases, even restrict adjacent vessels or nerves. Do not apply the product too tightly. Improper changes to the product are not permitted. The product is only intended to provide additional support during sporting activities.

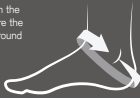
3. Notice: The product is not flame resistant. It should not be exposed to open flames or other sources of heat.

The product should not come into contact with greasy and/or acidic products, ointments and lotions. This may limit the duration of use, especially of pads.

4. Handling: The ankle support is selected by measuring the circumference of the ankle (see measurement table).

SIZE	CM	IN
XS	25.5-28.0	10-11
S	28.0-30.5	11-12
M	30.5-33.0	12-13
L	33.0-35.5	13-14
XL	35.5-38.0	14-15

Place the sole on the floor and measure the circumference around the ankle.



1. Open all straps and loosen laces.
2. Pull the support over the foot (fig. 1) and lace up like a shoe (fig. 2)
3. Next, apply the stabilizing straps as follows: Lay the outer strap over the instep and pass it from inner side under the foot (fig. 4) and attach to the corresponding hook and loop closure on the ankle.
4. Next, lay the inner strap over the instep, pass it from the outer side under the foot and attach to the corresponding hook and loop closure on the ankle (fig. 5).
5. Finally, the stabilising straps are fastened at the sides (fig. 6).

5. Instructions for Use and Care:

Material: Textile pads: velour/PU; inner side of the textile: PU; hook and loop closures: nylon straps

Cleaning: Use a slightly moistened cloth to clean the outside of the support. Hand-wash the textile elements in 40 °C warm water with a standard mild detergent. We recommend closing the hook and loop closures before washing to keep them functional for a long time. Rinse thoroughly so that all residual detergent is removed. Let air dry. Do not expose to the sun and do not use oven or radiator heat for drying. If need be, the shoelaces can be replaced.



Disposal after usage: Dispose the product in accordance with national regulations. The material used in the product is recyclable and should be disposed of accordingly.